

Dr Ces Colagrande answers your top ten questions



Are non-surgical procedures safe?

Yes. Ladies have used skin peels for centuries and Botox has been used in medicine for 20 years. The gel filler we use for lips and wrinkles is of non-animal origin and, unlike collagen, you do not require a test patch.

Will I end up with a frozen face or unnatural look?

With all our procedures we are very careful to keep the results looking natural and fresh, we are not here to provide an artificial appearance or large, unnatural looking lips.

Does it hurt?

No. For lips and wrinkles our doctors use a numbing cream or they can inject a local anaesthetic. With Botox and skin peels it feels like a small sting that lasts a very short time, sometimes you don't even feel it.

Who will carry out my treatment?

Our doctors are qualified to perform CESIDIO anti-ageing procedures and all our staff are highly trained. We always use sophisticated, top of the range products and, unlike other clinics, no nurses or untrained staff will ever perform specialised anti-ageing procedures at Champneys.

Won't I have to take time off work?

None of the CESIDIO treatments take more than an hour and you don't have to hide away for days, or even weeks, afterwards. No general anaesthetics are involved and, if you want, you can go straight home or back to work.

Aren't consultations and treatments very expensive?

Anti-ageing and cosmetic surgery consultations are £100 for the hour which is redeemable if you have a treatment. You will probably be pleasantly surprised by our prices, which start at £195 for Botox and £250 for skin peels and lip and wrinkle procedures.

Can I still enjoy other treatments during my stay at Champneys?

Yes. The beauty therapist will need to be aware of your non-surgical procedure and we can advise you on specifically tailored pampering treatments.

How long does Botox last?

On average three to five months, some people have reported it to last nine months.

What about skin peels?

It depends on the individual, but after a few treatments you will find less are required.

And lip and wrinkle procedures?

On average three to 12 months.

ABC of AestheticA treatments at Champneys Consultation

THIS FRIENDLY AND expert one-to-one will include detailed skin and wrinkle analysis, health, general well-being and digital photography to identify which CESIDIO anti-ageing treatment is best suited for you.

- **CESIDIO Anti-ageing Skin Exfoliate for Face and Hands**

Improves fine lines, removes skin blemishes and many sun spots to leave your skin soft, refreshed and glowing.

- **CESIDIO Brow Lift**

Lifts the eyebrows, removing signs of tiredness, resulting in a very natural, new look.

- **CESIDIO Jowl Lift**

This procedure is an ideal option for many ladies who do not want cosmetic surgery.

- **CESIDIO Botox Anti-wrinkle Correction**

Excellent for lines around the eyes and to make the face look rejuvenated, relaxed and natural.

- **CESIDIO Anti-acne Skin Treatments**

Specialised solutions and creams can stop active acne and leave the skin refreshed and healthy.

- **CESIDIO Lip Reshaping and Mouth Wrinkle Correction**

An effective procedure for fuller, natural looking lips and fewer lines around the mouth and nose. ©

To arrange consultations, or for further information, call Champneys Tring on 01442 291 226

or visit www.champneys.com. Dr Ces Colagrande www.cosmeticsurgeryadvice.com

24 Hour Help and Enquiry Line: 0207 580 5777