

Colagrande Does Full Circle Back to the Coast



DR CES COLAGRANDE, INTERNATIONALLY TRAINED IN COSMETIC SURGERY IS BACK ON THE GOLD COAST AFTER TRAVELLING EUROPE TO GAIN EXPERIENCE AND WORK WITH THE BEST IN HIS FIELD.

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DR CES COLAGRANDE HAS ALWAYS been a Gold Coast boy. Born and bred in Brisbane, Dr Colagrande spent many summers at his parent's holiday home on the Gold Coast. After completing his Bachelor of Medicine and Bachelor of Surgery at the University of Queensland, Dr Colagrande decided to travel the world to advance his skills and gain experience in the field of cosmetic surgery. He based himself in London and gained a wealth of knowledge working alongside the masters of the craft including the inventor of liposuction, Dr Georgio Fischer and completing a Fellowship in cosmetic surgery in Cambridge, England under the President of the European Academy of Cosmetic Surgery, Dr Anthony Erian. It wasn't until five years later, after setting up his own private practice in London and helping establish Britain's first Anti-Ageing clinic that Dr Colagrande decided to head home to the Gold Coast.

A year has passed and Dr Colagrande has since established his successful new clinic at Mermaid Beach. His vision is to educate people that Anti-Aging medicine is not just about looking great but also feeling and functioning at more youthful levels.

Cosmetic surgery by definition must conserve beauty with the objective to enhance and improve existing facial and body contours. Dr Colagrande says that cosmetic surgery is truly an art form and the gift is in mind's eye, the surgical ability to create a masterpiece. He was taught by Dr Georgio Fischer, the inventor of liposuction,

that "surgery is a living sculpture that draws attention to the person as a work of art". Studying and watching great masters at work has given great depth to Dr Colagrande's personal growth in cosmetic surgery. Appreciation for aesthetics, balance and harmony are important guides in obtaining beautiful natural results.

Dr Colagrande credits his success to his passion for the industry and his attention to detail.

"I see cosmetic surgery as an art to sculpt the body," Dr Colagrande says. "I have a true appreciation for beauty and aesthetics and that helps me get the right results."

Dr Colagrande sees many new clients at his Mermaid Beach clinic with many going ahead with surgery. He performs procedures such as facelifts, eye-lift and eye bag removal, breast enlargement, uplift and liposculpture.

To counter the effects of Anti-Ageing some people may opt to have softer non-surgical rejuvenation which includes procedures such as lip enhancement, skin peels, wrinkle fillers and botox injections.

"If we look great, we feel great and our appearance is very personal," Dr Colagrande says. "People who come to see me have always seen themselves as attractive but feel as the years pass, beauty slipping away, someone who does not see themselves as attractive does not have the same loss" he says.

When undertaking surgery, Dr Colagrande always aims to create a natural look.

"Women should look natural and voluptuous with soft flowing sensual curves," he says. "Woman who want a facelift, don't want to look like a different person, they want to look better for their age, elegant, fresh and well rested and that is what I aim to achieve."

Dr Colagrande believes there is nothing wrong with looking or growing old but there is no harm in looking and functioning at your best. It is important to remember that having cosmetic surgery is surgery and all options should be considered before undertaking any procedure. Cosmetic surgery has come a long way through the years and medical technology has advanced to accommodate our requirements.

"Times have changed, we are evolving and moving forward with modern, fresh thoughts and ideas including minimally invasive surgery and taking softer approaches to anti-ageing with hormone modulation, Dr Colagrande says. "It is an



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exciting stage in the industry as we are striving to move forward in preventative medicine, taking pride in our appearance, health and well-being."

Dr Colagrande not only focuses on Cosmetic Surgery but he is also particularly passionate about the field of Anti-Ageing. This field is booming due to advancements in medical science people are living longer and more active lives. With this increased level of well-being, people are feeling younger than ever before and they want to look as good as they feel.

"People are feeling younger but when they look in the mirror they are surprised by their ageing face," says Dr Colagrande. "People want to look as young as they feel and I can help them with that."

Dr Colagrande says anti-ageing is not just about fighting wrinkles, it's also about feeling and functioning at much younger levels. The purpose of Anti-Ageing medicines is not to extend life but extend the quality of these years.

At his clinic, Dr Colagrande offers patients a variety of treatments in Anti-Ageing medicines. One of the most popular is Hormone Replacement Therapy (HRT). One of the main causes of ageing is the decline of the body's hormone production.

"When we are young our hormone levels are at their optimum but as we age they decline and this contributes to the decay of the body and it's appearance," Dr Colagrande says. "We all age at different rates and this is determined by genetics and how we look after or abuse our bodies over the years. The accumulative effect of ageing displays itself on the outside as well as the inside. After extensive blood analysis some people may benefit with hormone supplementation." HRT can help reset the body's hormonal clock and reverse or delay the effects of ageing. Some of the important Anti-Ageing substances include oestrogen, testosterone, growth hormones, progesterone, melatonin, thyroid hormone and DHEA. It is important to note that anti-ageing hormone modulation is not to be confused with the super physiological abuse of anabolic hormones by some body builders and other athletes.

With an increase focus on the importance of male grooming, Dr Colagrande has seen an increase in the

number of men that make up his clientele.

"I use to see one male for every six females but now it's about 50/50," he says. "Men care just as much about their appearance as women do."

It may not be commonly known but men go through an equivalent of the female menopause, known as "andropause". Once men reach the age of 40, the amount of testosterone and growth hormone produced by the body steadily falls and can cause a variety of symptoms. Andropause can cause men to feel irritable, tired and have a loss of enthusiasm for life. These symptoms can affect every aspect of a man's life, including their work, relationships and sexual function. Dr Colagrande can help men overcome andropause with Hormone Replacement Therapy to restore their testosterone levels and get them feeling great again.

Since returning to the Gold Coast a year ago, Dr Colagrande has had several clients travel from all over the world to receive his services.

"I have women travelling from London to have me perform their facelifts and breast enlargements," he says. "It's a huge compliment because London is home to the top surgeons in the world."

For interstate or overseas clients, Dr Colagrande has a Cosmetic Surgery Recovery Package in place to make sure they receive the up most care and attention before and after their surgery. He even has a recovery apartment located at Broadbeach for clients to stay at before heading back overseas.

Many people visit Dr Colagrande after thinking about cosmetic surgery for a long period of time. Searching for a doctor who understands how you would like to look and someone that you can trust and communicate with are important steps to consider before undertaking any surgery. Dr Colagrande aims to ensure the client feels well-informed about the details of the procedure and feel relaxed that they are making the right decision. An appointment with Dr Colagrande is sure to ease your mind about how certain procedures can improve your appearance and wellbeing and receive the results you have always wanted. Dr Colagrande's clinic is located at 2506 Gold Coast Highway, Mermaid Beach. Phone 1800 007 008 or visit www.drces.com.