

# Five minutes with ...

## DR CES COLAGRANDE



INTERNATIONALLY TRAINED  
IN COSMETIC SURGERY,  
DR CES COLAGRANDE, SPARES  
FIVE MINUTES TO HAVE A CHAT...

**What is your favourite city?** Rome, such history, sculptures, architecture and beauty. When I undertook my Fellowship in cosmetic surgery, Cambridge, England I travelled to Rome regularly as it was only a two-hour flight.

**What is your favourite Gold Coast restaurant?** There are many great restaurants, however, my favourite is Moo Moos.

**What is your favourite Gold Coast beach?** Broadbeach down to Nobbys. I run along that strip almost everyday. I enjoy looking out along the beach and watching new properties under development.

**What do you love about the Gold Coast?** What is there not to like. I feel like I am permanently on holidays. I am proud to be part of it.

**What is your favourite thing to do on the Gold Coast?** Going to the beach and having lunch or dinner with friends in Broadbeach.

**What is your favourite song?** My taste in music is varied from dance, progressive house to Andrea Bocelli and Il Divo.

**What is your favourite film?** Rocky. A real boys movie, it has it all.

**What is your favourite item of clothing?** My snake skin shoes.

**What is your favourite food?** Eggplant lasagne and grilled octopus, so much flavour.

**What is your favourite way to spend a day off?** It would have to be waking up to watch the sunrise break over the ocean, an early morning walk along the beach followed by a great breakfast in Broadbeach. Later to catch some sun on my deck while reading the paper. A romantic evening dinner with my beautiful girlfriend as we both watch the sunset over the Hinterland.

**What motto do you live by?** Pin point your passion and make it your profession.

**What is the best advice you have ever received?** Surround yourself with positive people who inspire you to be the very best.

**Who is your hero?** Definitely my parents. They are my inspiration and whose vast footsteps I proudly tread.

**Who is one person, dead or alive, you would like to meet?** Frank Sinatra. He lived an extraordinary and controversial life, influenced people in many places, and left a legacy.

**What makes you happy?** Seeing my patients happy after having cosmetic surgery. Lifting their confidence as well as changing them physically.

**What is your greatest life achievement?** Being trained, guided and operating with world pioneers and masters, including the President of the European and International Board of Cosmetic Surgery, Dr Anthony Erian (Cambridge) and inventor of liposuction Dr Giorgio Fischer (Rome).

**What is the one thing you would give up your career for?** To get married and have many children.

**Describe yourself in three words:** Passionate, perfectionist, determined.